



## ORION CONSORTIUM

# NEWSLETTER

*"Be present for all things and thankful for all things." - Maya Angelou*

### NEWS YOU CAN USE:

*Keep an eye out for these upcoming announcements:*

#### Employee Holiday Party

Our Annual Employee Holiday Party is coming up!

Date TBD (Early January) - look out for an update soon!

#### New Website - Employee Portal

If you have not already, check out our new website @ [www.orionconsortium.com](http://www.orionconsortium.com)!

The Employee Knowledge Center will be launched soon! You will be able to log into your account, giving you self-service to your Pay, Timesheet, Insurance, FAQs and much more!

**We hope you all had a wonderful Thanksgiving holiday. In the spirit of thankfulness and gratitude, we want to express how much we appreciate each and every one of you. Your hard-work and dedication does not go unnoticed.**

### REFERRAL BONUS

◆ **You could earn a bonus of \$500-\$1500!**

We have open positions right now! If you know someone who you think would be a good fit for Orion, please reach out to Shelbye, our Director of Workforce Development at [sschlange@orionconsortium.com](mailto:sschlange@orionconsortium.com).

### Timesheets/Payroll Reminders

Friendly reminder to submit your weekly timesheet by COB every Friday!

Payroll timesheets must be submitted by COB on the 15th and last day of each month.

Your pay will be deposited no later than the 7th and the 21st of every month, which is inclusive of the hours worked on the 15th and the last day of the month.

# A Minute of Mindfulness & Motivation - GRATITUDE

## Scientifically Proven Benefits of Gratitude:

- ◆ Improves Your Attitude
- ◆ Builds Stronger Relationships
- ◆ Improves Psychological Health
- ◆ Enhances Your Physical Health
- ◆ Boosts Your Self-Esteem
- ◆ Increases Empathy and Reduces Aggression
- ◆ Improves Your Sleep
- ◆ Increases Mental Strength

As we come upon the Holiday season, our theme of the month is Gratitude. A mindset of gratitude can do so much for our physical, mental and psychological well-being. In a world that is constantly moving at fast-pace, it is important to take time to reflect on all of the things we are grateful for.

*“Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.” - Brian Tracy*

In positive psychology research, **gratitude is strongly and consistently associated with greater happiness.** Let’s challenge ourselves to take time for reflection and gratitude this month.

*“When you are grateful, fear disappears and abundance appears.”  
- Anthony Robbins*

